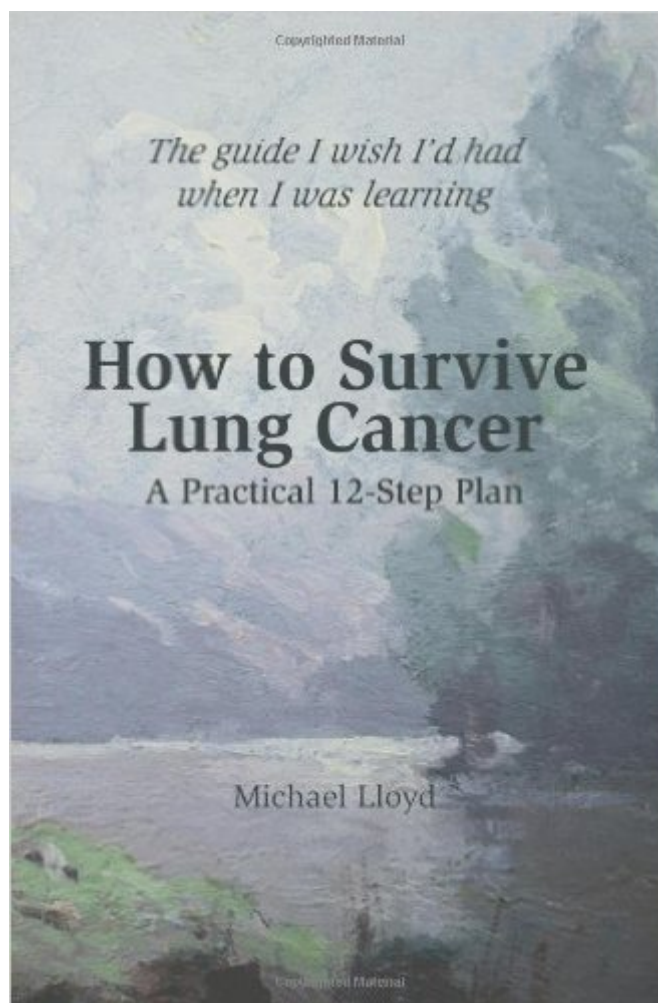


The book was found

How To Survive Lung Cancer - A Practical 12-Step Plan



Synopsis

Written by a lung cancer survivor who understands what it takes to beat the odds, this book offers unparalleled hope and direction for anyone facing this illness. It is filled with specific exercises and techniques to promote healing and reverse side effects by taking a pro-active approach in helping to restore your mind, body and spirit to an optimum state of health. Endorsed by a Lung Cancer Specialist and Associate Professor at Harvard Medical School, this book combines what the doctors tell you with critical information they don't tell you. Visit www.SurviveLungCancer.com for chapter summaries.

Book Information

Paperback: 128 pages

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Product Dimensions: 6 x 0.3 x 9 inches

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Average Customer Review: 4.5 out of 5 starsÂ Â See all reviewsÂ (6 customer reviews)

Best Sellers Rank: #278,913 in Books (See Top 100 in Books) #5 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Lung Cancer

Customer Reviews

When my son was diagnosed with lung cancer Jan 2011, he had ordered this book and a copy for me his Mom too. Michael Lloyd's book with it's practical guide has truly been an inspiration and has led my son to follow his advice and pattern his life after his plan both in diet and lifestyle. I truly credit this book as a "life saver" for him. ... My son is still in treatment but with continued reduction in the tumor. He had the same cell type - has not spread to brain. We have recommended this book to others with different types of cancer and they have benefitted from this guide as well. The Book is on my nightstand and I frequently refer to it. This family is truly grateful for his direction and inspiration. Look forward to future books by Michael Lloyd.

A family member was recently diagnosed with lung cancer and this book has been a Godsend. It is easy to read, concise and positive. I have bought numerous books about lung cancer, but this one is easily the most versatile and informative.

I ordered this book shortly after being diagnosed with lung cancer. It is so helpful, hopeful and positive. The author has lived through a very scary and advanced stage of lung cancer and has given this book to people like me as a guide through this disease. The writing is very straight forward, the content is very inspirational and useful and the book is really concise. The medical books I have read since reading this have backed up everything I read in this book. I highly recommend this book as a powerful and bright beginning of anyone battle with lung cancer.

I have metastatic breast cancer and found this guide very useful. It feels great to be able to take some control of the disease, and Michael Lloyd's book provides very useful practical guidance as well as hope.

SUPPORTIVE AND PRACTICAL

A book on cancer should provide some detail on the treatments. The author freely gives himself credit but fails to give any credit to the medical profession. The author's commendable choice to quit his job is trivially important compared to whatever treatment was prescribed.

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